

## **VOLUNTEER ROLE DESCRIPTION**

### **Section 1**

DIVISION: Place and Communities  
SECTION: Place and Wellbeing  
POST TITLE: Walk Leader  
RESPONSIBLE TO: Health and Wellbeing Officer  
LOCATION: Any location within Ashfield District

### **Section 2**

#### **OVERALL ROLE PURPOSE**

As a volunteer walk leader, you would be helping people in your community to get active and healthy, providing vital support that they otherwise might not get. As well as ensuring walks are friendly, safe and well run, walk leaders are also our ambassadors for walking, their scheme and Walking for Health - showing people that walking really can make a big difference to their lives.

### **Section 3**

#### **KEY TASKS AND RESPONSIBILITIES**

1. Walking health walk routes beforehand (“recce-ing”) to make sure you know them.
2. Welcoming participants to the walks, particularly new walkers.
3. Giving a brief talk before the walk to make sure everyone is prepared.
4. Ensuring paperwork including registration forms and registers are completed.
5. Leading and managing walks, usually jointly with other walk leaders (including “back marking or “middle marking” as well as leading at the front).
6. Making sure walks are welcoming, friendly, enjoyable and safe, following our best practice guidelines and the requirements of your scheme.
7. Trouble shooting and dealing with problems on walks, with the support of your Scheme Coordinator.
8. Providing information about other walks offered by the scheme and basic information about how to keep active.
9. Attending occasional walk leaders’ meetings and refresher training.
10. Staying in touch with the latest news and guidance from your scheme and Walking for Health.

*Draft Prepared by:*  
*Approved by:*

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*Post Holder:*  
*Date:*

8 November 2017